

# Menu From 30<sup>th</sup> Nov. To 25<sup>th</sup> Dec. (Newton Hui Xin Campus PN & N levels)

新纽顿会心幼儿园 2015 年 11 月 30 日 —12 月 25 日学生食谱(托小班)

Week 1 & 3 (第一、三周)

Week 2 & 4 (第二、四周)

餐次	Monday 周一 (11/30 & 12/14)	Tuesday 周二 (12/1 & 12/15)	Wednesday 周三 (12/3 & 12/16)	Thursday 周四 (12/4 & 12/17)	Friday 周五 (12/5 & 12/18)
Breakfast	Cereal, banana & Milk	Pineapple flavor bread & yogurt 	Purple rice cake & Milk 	Crisp cake & yogurt 	Egg pancake with corns & Milk 
	好客家谷物球+香蕉+牛奶	菠萝面包+酸奶	紫米小刀切+牛奶	桃酥饼+酸奶	玉米鸡蛋饼+牛奶
Lunch	Moo Shu pork, gluten with Chinese cabbage, greens tofu soup with pork, & wheat rice	Mushroom with shrimps, radish with pork soup, pork rib soup & rice	Udon noodle with beef stock, baked sausage, mushroom and greens soup	Chicken with shepherd's-purse, Carrots with corn, steamed egg & millet rice	Pieces of beef with peppers, Mushrooms with greens, Pork rib with radish soup & rice
	木须肉+面筋白菜+青菜肉丝豆腐汤+小米米饭	蘑菇虾仁+肉汁萝卜+玉米排骨汤+米饭	牛肉酱汁乌冬面+台式烤香肠+菌菇青菜汤	荠菜烩鸡丁+胡萝卜炒玉米粒+炖蛋+米仁米饭	彩椒牛肉粒+香菇青菜+萝卜排骨汤+米饭
Snack	Blueberry cake & Oranges 	Baked sweet potato & Dragon fruit 	Cream popcorn stick & Fruit tomato 	Assorted rice noodles & Bananas 	Sweetened bean paste cake & Apples 
	蓝莓蛋糕+新奇士橙	烤红薯+火龙果	奶油玉米棒+圣女果	什锦米线+香蕉	豆沙酥饼+苹果
Breakfast	Monday 周一 (12/7 & 12/21)	Tuesday 周二 (12/8 & 12/22)	Wednesday 周三 (12/9 & 12/23)	Thursday 周四 (12/10 & 12/24)	Friday 周五 (12/11 & 12/25)
	Chocolate cereal, raisins & Milk	Chinese pancake, Cheese and ham & yogurt 	Coconut flavor cake & milk 	Steamed rolls & yogurt 	Date cakes with honey & milk 
Lunch	Stewed pork with egg, cauliflower with carrot, Shepherd's-purse and tofu soup & wheat rice	Curry Scallop with potato, radish with chicken soup, spinach and mushroom with egg soup & rice	Pieces of chicken with tomato sauce, celery with colorful pepper, mushroom and duck soup & wheat rice	Pasta with soy sauce pork soup, broccoli with shrimps, mushroom with fish soup & millet rice	Fish-flavor shredded beef in hot sauce, Cabbage, Chinese cabbage soup with slices pork & rice
	蛋蒸肉饼+胡萝卜炒花菜+荠菜豆腐羹+小米米饭	咖喱土豆鲜贝+鸡汁萝卜+菠菜木耳蛋汤+米饭	茄汁鸡丁+红彩椒水芹+珍珠水鸭汤+小米米饭	八宝卤肉意面+虾仁上汤西兰花+蘑菇鱼片汤+米仁米饭	鱼香牛肉丝+葱油牛心菜+白菜肉丝汤+米饭
Snack	Homemade cakes & Qianxi Fruit 	Cookies & Orange 	Pork steamed dumpling & Pears 	Steamed Creamy Custard bun & Strawberry 	Biscuit with butter & Citrus 
	自制蛋糕+千禧果	葱油曲奇+哈密瓜	鲜肉蒸饺+丰水梨	奶黄包+草莓	黄油饼干+芦柑
<p>Morning breakfast is served at 9:10 and is a simple serving to provide a nutritious start of the day. Lunch is served at 11:30 in the class-rooms. Snack is served at 14:00 (14:15 for PN) after naptime/noon break.</p>				<p>* Hand made by Newton's pastry chef </p>	