









# Menu From 3<sup>rd</sup> May to 27<sup>th</sup> May. (Newton Huixin Campus PN & N levels)

新纽顿会心幼儿园 2016年5月3日—5月6日/2016年5月9—5月14日/2016年5月16日-5月20日/5月23日-5月27日学生食谱(托小班班)

Week 1 & 3 ( 第一、三期 )

餐次	Monday 周一 (5/16)	Tuesday 周二 (5/3、5/17)	Wednesday 周三(5/4、5/18)	Thursday 周四 (5/5、5/19)	Friday 周五 (5/6、5/20)
Breakfasts	Whole meal biscuits & Cheese w. milk 	Purple rice porridge & Crispy Banana 	Ham sandwiches & Milk 	Red dates honey cake & Yogurt 	Mashed bean rolls & Milk 
	全麦饼干+芝士片+牛奶	紫米粥+脆皮香蕉	火腿三明治+牛奶	红枣蜂糕+酸奶	豆沙卷+牛奶
Lunch	Steamed pork with egg & tomato cabbage & Rice	Fried chicken with sweet and sour sauce & mushroom tofu w. shepherd's purse soup & rice	Fish fillet & Spinach with mashed garlic & Chinese yam ribs soup w. rice	Braised beef with potato & beans with vegetables & Tomato egg soup & rice	Japanese roast pork & fragrant-flowered garlic with bean sprout & tonkotsu ramen
	肉饼蒸蛋+番茄卷心菜+菠菜骨头汤+米饭	咕咾鸡丁+菌菇豆腐+三丝芥菜羹+米饭	三丁鱼柳+蒜泥苋菜+山药排骨汤+米饭	土豆炖牛腩+豆瓣炒素+番茄蛋汤+米饭	日式叉烧肉+韭菜炒绿豆芽+豚骨汤拉面
Snack	Butter cake & Pineapple 	buns & Honey melon	Sweet pumpkins & Dragon fruits 	Coconut tart & Millennium fruit 	Pork floss bread & Banana 
	黄油蛋糕+菠萝	秋叶小包+哈密瓜	百合金瓜+火龙果	椰香蛋挞+千禧果	肉松面包+香蕉
	Monday 周一 (5/9、5/23)	Tuesday 周二 (5/10、5/24)	Wednesday 周三(5/11、5/25)	Thursday 周四 (5/12、5/26)	Friday 周五 (5/13、5/27)
Breakfast	Cornflakes w. raisins & dragon fruit & Milk 	Creamy steamed bun & Yogurt 	Whole meal bread & Milk 	Rice roll & Honey melon 	Egg sandwiches & Milk 
	玉米片+火龙果+牛奶	奶油刀切+酸奶	全麦面包+牛奶	香松饭团+哈密瓜	鸡蛋三明治+牛奶
Lunch	Sweet and sour fillet & Greens with mushroom & Tomato egg soup & Rice	Shelled fresh Shrimp, Curry potato, Spinach and meat ball soup w. rice	Sweet and sour pork & beans with vegetables, needle mushroom and tofu soup & Rice	Chicken with lemon juice & celery cashew nut with vegetables & borscht soup & Rice	Beef flavored noodles & cucumber & greens with pork soup
	糖醋里脊+蘑菇青菜+番茄蛋汤+米饭	双花虾仁+咖喱土豆+菠菜肉圆汤	古老肉+豆瓣炒素+金针菇豆腐汤+米饭	西柠汁软鸡+西芹腰果素什锦+罗松汤+米饭	红烧牛肉面+水果黄瓜+鸡毛菜排骨汤
Snack	Chocolate biscuits & Honey melon 	Sushi with cucumber & Banana 	Blueberry with Chinese yam & Apple 	Cakes & Yogurt 	Pineapple pastry & grapes 
	巧克力饼干+哈密瓜	黄瓜寿司+香蕉	蓝莓山药+苹果	清水蛋糕+酸奶	凤梨酥+无籽提子
	Morning breakfast is served at 9:10 and is a simple serving to provide a nutritious start of the day. Lunch is served at 11:30 in the class-rooms. Snack is served at 14:00 (14:15 for PN) after naptime/noon break.			* Hand made by Newton's pastry chef 	