

Menu From 5th September to 30th September. (Newton Hui Xin Campus K1 & K2 levels)

新纽顿会心幼儿园 2016 年 9 月 5 日-9 月 30 日学生食谱(中大班)

		Monday 周一 (9/5、9/19)	Tuesday 周二 (9/6、9/20)	Wednesday 周三(9/7、9/21)	Thursday 周四 (9/8、9/22)	Friday 周五 9/9、9/23)	
Week 1\3	Breakfast	EDO graham crackers, cheese & milk EDO 全麦饼干+芝士+牛奶	Homemade bread with butter, jam & yogurt 自制面包+黄油果酱+酸奶	Homemade butter cake & milk 自制黄油蛋糕+牛奶	Homemade red bean yam cake w. almond & orange juice 自制红豆山药糕+扁桃仁+柳丁汁	Homemade baked scallion pancake w. walnut & yogurt 自制葱油饼+琥珀桃仁+酸奶	
		Chickpea pork & letinous green vegetables & okra soup w. rice 鹰嘴豆烧肉+香菇青菜+秋葵木耳蛋汤+米饭	Pan-fried salmon & meat mushrooms & sirloin tomato soup & cooked millet rice 香煎三文鱼+肉糜茶树菇+牛腩番茄汤+小米饭	Roasted chicken wings sauc & potherb mustard cooking kan-ssu mushrooms & daikon sparerib soup with rice 酱烧鸡中翅+雪里蕻蘑菇煮干丝+萝卜排骨汤+米饭	tomato sauce lark mushroom & soya sauce baby food & needle mushroom tomato soup & coix seed meal 茄汁白灵菇+豉油娃娃菜+金针菇番茄汤+薏米饭	Kale beef & lotus pond starch & American borscht & rice 芥蓝牛柳+荷塘小炒+美式罗宋汤+米饭	
	Snack	Homemade chiffon cake with pitayas 自制戚风蛋糕+火龙果	Homemade crispy fried onion rings & tomato 自制香酥洋葱圈+番茄沙司+无籽提子	Homemade Portuguese egg tarts honey pomelos 自制葡式蛋挞+蜜柚	Homemade glutinous rice shaomai with chinese cherries 自制糯米烧麦+车厘子	Homemade walnut cake with blueberry 自制小桃酥+蓝莓	
		Monday 周一 (9/12、9/26)	Tuesday 周二 (9/13、9/27)	Wednesday 周三(9/14、9/28)	Thursday 周四 (9/15、9/29)	Friday 周五 (9/16、9/30)	
	Week 2\4	Breakfast	Calbee with milk 家乐比+牛奶	Homemade cake & salt and pepper seed & milk 自制蜂巢糕+椒盐桃仁+牛奶	Osmanthus sugar taro cake with milk 桂花白糖芋芳糕+牛奶	Homemade bread & butter jam with milk 自制法式面包+黄油果酱+牛奶	Homemade fish roll & almond with yogurt 自制鱼松花卷+扁桃仁+酸奶
		Lunch	Roast chestnuts & colourful cabbage & sliced tomato and fungus with rice 栗子烧肉+五彩卷心菜+番茄木耳鱼片汤+米饭	Homemade letinous edodes cuttlefish cucumber fried pork with oat meal rice 自制香菇墨鱼丸+青瓜小炒肉+炖蛋+燕麦饭	Fried shrimp & traditional fried vegetarian & corn chicken soup with rice 鸡头米炒虾仁+传统炒素+鸡蓉粟米羹+米饭	Honey chicken & bacon broccoli & corn and sparerib soup with rice 蜜汁鸡根+培根西兰花+玉米棒排骨汤+米饭	Homemade steak & tomato sauce cooked macaroni & cream of mushroom soup 自制牛扒+西红柿肉酱烩通心粉+奶油蘑菇汤
Snack		Homemade Su style dim sum with honey melon 自制苏式小点+蜜瓜	Homemade chocolate cake with winter jubbe 自制巧克力蛋糕+冬枣	Homemade moon cakes with meat & kiwis 自制鲜肉月饼+猕猴桃	Homemade cranberry cookies & grapefruits 自制蔓越莓饼干+葡萄柚	Homemade Korean sushi with bananas 自制韩式寿司+香蕉	
<p>Morning breakfast is served at 8:45 and is a simple serving to provide a nutritious start of the day. Lunch is served at 11:30 in the class-rooms. Snack is served at 13:50 after naptime/noon break.</p>					<p>* Hand made by Newton's pastry chef</p>		