

## PRE-NURSERY THEME 2: STAYING WELL, STAYING SAFE (7th Oct. to 25th. Oct.)

Our second topic of the year focuses on learning more about how to stay healthy and safe.

### THEME LESSONS

Some keywords and songs you can practice with your children at home:

Keywords: Mom, Dad, safe, care, kind, food, good, fruit, vegetables, Doctor, wash, germs, clean, dirty, fire, safe, listen.

Songs: "My family and me", "The fruits song", "Ring around the Rosie" & "Jump, hop, shake"

The children will start by thinking and learning about how you, the parents, look after them and keep them safe. Giving them love, care, food and keeping them out of danger. They will learn about food that is good for their bodies and that will keep them healthy.

We read the book, 'Vegetable Garden,' helping them to understand where good, healthy food comes from. Good hygiene habits will be discussed, learning how to fight off germs that make us sick. The book, 'Cutie Sue fights germs,' will help us learn about this. The children will learn about what to do in Emergencies.

We will run through the procedure of what to do if there is a fire, acting out a pretend fire drill. Lastly, a group of dinosaurs will help the children to learn about how to be safe when doing different activities. We read the book, 'How do dinosaurs stay safe.' This book helps make learning about staying safe, fun.

### ART LESSONS *(sample to the right may vary from actual art work)*

In their art lessons the children will make a healthy pineapple, using paint and their fingertips. They will also learn about Halloween, making a ghost footprint to celebrate the tradition.



### MATH & READING LESSONS

Some keywords and songs you can practice with your children at home:

Keywords: Big, small, count, honey, peanuts, meat, bear, elephant, lion, food, eat, carrots, fish, milk, rabbit, seal, cat, mouse, horse, cow, cheese, apples, grass.

Songs: "Make a circle – big and small"

In their math lessons the children will start learning about big and small. The book, 'Have you seen my duckling?' will help them to understand this concept by reading about a big Mama duck and her small baby ducks. The concepts will be reinforced by using real life classroom objects and comparing their size. The children will also have an opportunity to sort colourful big and small pom poms. Together, the class will make a poster showing different big and small objects.

In their reading lessons, the children will learn about the different food animals like to eat. We will learn the animal names and the food they commonly eat. As we read through the book, the children will help to match the food to the animal and vice versa.