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## K2 THEME 2: STAYING WELL, STAYING SAFE (7th Oct. to 25th. Oct.)

Our second topic of the year focuses on learning more about how to stay healthy and safe.

## THEME LESSONS

Some keywords and songs you can practice with your children at home:

Keywords: Health, safety, rules, habits, germs, exercise, manners, care, dentist, doctor, stethoscope, medicine,

syringe, bandage, thermometer, Band-Aid.

Songs: "Miss Polly had a dolly", "Do you like broccoli", "The skeleton dance" & "Friends song"

This month the teachers and children will focus on learning about health, safety, rules and good habits. They will start by reading a book called, 'Little raccoon catches a cold.' The teacher will also show the children how quickly germs can spread by using shaving cream to represent the germs. They will then discuss the best ways to help stop the spread of germs.

They will discuss how to look after their teeth and about going to the Dentist. The teacher will show the children what might happen to their teeth if they do not brush them, by doing a vinegar and egg experiment.

The classes will also discuss going to the Doctor. They will learn about the different tools a Doctor has and how he or she uses them to help make one feel better. They will read a book about first aid and also make butterflies out of bandages.

**ART LESSONS** (sample to the right may vary from actual art work)
In their art lessons the children will make cool monsters to celebrate the tradition of Halloween. They will also make their own food pyramid.





## **MATH & READING LESSONS**

Some keywords and songs you can practice with your children at home:

Keywords: Numbers, count, on, off, on top, under, above, below, in, out, inside, outside, near, far, before, after, front,

behind, left, right, next to, pattern, repeat, rise, set, morning, afternoon, evening, night.

Songs: "Number dance", "Bean bag rock 'n roll", "My whole body can move" & "Cha cha slide"

In their math lessons the children will start off by counting bigger numbers, 1 - 39. As they count they will make a tower out of connecting cubes. How many can they add on before it comes crashing to the floor?

Positional words. The teacher will use a stuffed animal and a box to tell an imaginative story about how the bear and the box go on different adventures, exploring the different positional words. The teacher will also create an obstacle course using classroom objects and furniture. The class has to guide their friend through the course by giving them directions, using positional words.

The children will learn about different patterns made with: objects, sounds, drawings and also in nature. They will do worksheets to practice completing patterns and will also have fun working in teams to create patterned wrapping paper. Lastly, the children will discuss the different times of day and what their routines are at each stage in the day. Their reading lessons will focus on the phonograms, 'at' with the book, 'Fat cat sat' and 'op', with the book, 'Pop.'