

K1 THEME 2: STAYING WELL, STAYING SAFE (8th Oct. to 26th. Oct.)

Our second topic of the year focuses on learning more about how to stay healthy and safe.

THEME LESSONS

Some keywords and songs you can practice with your children at home:

Keywords: Health, safe, clean, manners, rules, polite, team, win, lose, emergency, help, plaque, dentist, oils, grains, fruit, vegetables, meat and milk.

Songs: "My bonnie", "The skeleton dance", "Are you hungry" & "Do you like broccoli"

In their theme lessons the children will learn about the best ways to stay healthy and how to be safe both while being inside and outside. With Sports Day being on the calendar this month, we will discuss sports safety and rules too. The class will play a game of soccer/football and learn a few of the rules associated with the sport. They will also learn about the importance of good manners. The book, 'Big black bear' is a fun story that they will read to help teach the children about good manners.

The classes will discuss going to the Dentist and how to keep your teeth healthy, to prevent cavities. The children will also try food from the five different food groups, encouraging them to eat a variety of different food, to keep healthy.

Lastly, the children will learn about what to do in an emergency and practice a school fire drill. They will also make a personal information card, with their name, telephone number and address. They will keep this in their backpacks, as it is important information for when they are alone in an emergency. The children should be encouraged to know this information by heart.

ART LESSONS *(sample to the right may vary from actual art work)*

In their art lessons the children will make beautiful pattern monsters to celebrate the tradition of Halloween.



MATH & READING LESSONS

Some keywords and songs you can practice with your children at home:

Keywords: Numbers, count, show, object, rocket, race, zero, oval, crescent, semi-circle, rectangle, diamond, half.

Songs: "Once I caught a fish alive", "Ten green bottles" & "Shape chant"

In their math lessons, the children will learn to link the numbers they have learnt with an actual value. They will play a game using connecting cubes and a dice, to practice what they have learnt. This play will then be extended by using tally sheets to count and record different classroom objects.

The children will play a different version of the well-known game of tag, helping them to learn how to count backwards. They will also discuss times when counting backwards is used, such as a rocket launch.

In the last week of the month, the class will move onto learning more about shapes, how they can be manipulated and shapes in nature. A circle can be made into an oval, crescent and semi-circle. A square can become a rectangle and a diamond triangle. The class will go outside to find and explore shapes in nature, as well as read the book, 'The shape of things.' During reading lessons, the children will read the books, 'Goldilocks' and 'Who am I.'